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Transcriptional activity of genes coding tumour necrosis factor α and its receptors in patients with systemic sclerosis and Raynaud's phenomenon

Aktywność transkrypcyjna genów kodujących czynnik martwicy nowotworów α i jego receptorów u chorych z twardziną układową i objawem Raynauda

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Summary

Introduction. The role of $TNF\alpha$ in the pathogenesis of systemic sclerosis (SSc) is still controversial. This factor may play a significant role at the early stage of SSc development, i.e. in vascular changes (Raynaud's phenomenon – RP) and in fibrosis processes.

Aim. The aim of this study was to investigate the changes in the number of mRNA copies of genes coding TNF α and its receptors in peripheral blood leukocytes in patients with SSc and RP.

Material and methods. The research concerned 19 patients with active ISSc, 11 patients with isolated RP and 10 healthy persons. Quantification of TNF α , TNF α RI and TNF α RII genes mRNA was carried out with the use of Quantitative Real-Time Reverse Transcription Polymerase Chain Reaction.

Results. The number of copies of TNF α mRNA in active ISSc patients was significantly lower than in the control group. No statistically significant difference in transcriptional activity of TNF α gene between active ISSc and isolated RP patients as well as isolated RP and the control group was found. Comparing to controls the expressions of TNF α RI and TNF α RII were significantly lower both in active ISSc patients and in isolated RP patients. The TNF α /TNF α RII ratio both in active ISSc and isolated RP patients was significantly higher opposed to the control group. The TNF α RI/TNF α RII mRNA ratio was significantly higher in patients with active ISSc than in the control group.

Conclusions. The decrease in transcriptional activity of TNF α , TNF α RI and TNF α RII genes in SSc may be crucial in fibrosis. Receptors proportion may be important in the regulation of TNF α anti-fibrotic activity.

Key words: real-time QRT-PCR, TNFa, systemic sclerosis, Raynaud phenomenon

Streszczenie

Wprowadzenie. Znaczenie TNFα w patogenezie twardziny układowej (ang. *systemic sclerosis* – SSc) budzi nadal kontrowersje. Czynnik ten może odgrywać znaczącą rolę we wczesnym stadium rozwoju SSc, tzn. w zmianach naczyniowych (objaw Raynauda, ang. *Raynaud phenomenon* – RP) i procesie włóknienia.

Cel pracy. Celem pracy było zbadanie jak się zmienia liczba kopii mRNA genów kodujących TNFα i jego receptory w leukocytach krwi obwodowej chorych z SSc i RP.

Materiał i metody. Badaniem objęto 19 chorych z aktywną limited SSc (ISSc), 11 pacjentek z izolowanym objawem RP i 10 osób zdrowych. Oznaczenie mRNA genów kodujących TNFα, TNFαRI i TNFαRII przeprowadzono techniką ilościowej reakcji amplifikacji z odwrotną transkrypcją w czasie rzeczywistym (ang. *Real-Time Quantitative Reverse Transcription Polymerase Chain Reaction*, real-time QRT-PCR).

Wyniki. Liczba kopii mRNA dla TNFα była znacząco niższa u chorych z aktywną ISSc w stosunku do grupy kontrolnej. Nie stwierdzono znaczących różnic w aktywności transkrypcyjnej dla TNFα, pomiędzy grupą chorych z aktywną ISSc a pacjentami z RP, jak również pomiędzy chorymi z izolowanym RP a grupą kontrolną. W porównaniu z kontrolą, ekspresja TNFαRI i TNFαRII były znacząco niższe, zarówno u chorych z aktywną ISSc, jak i u pacjentów z izolowanym RP. Stosunek TNFα/TNFαRII mRNA w obu grupach, aktywnej ISSc i izolowanym RP, był znacząco wyższy w porównaniu z grupą kontrolna. Stosunek TNFαRII mRNA był wyższy u chorych z aktywną ISSc niż w grupie kontrolnej.

Wnioski. Obniżenie aktywności transkrypcyjnej genów TNFα, TNFαRI i TNFαRII może być kluczowe w procesie włóknienia związanym z SSc. Proporcje pomiędzy receptorami mogą być ważne w regulacji aktywności antyfibrogennej TNFα.

Słowa kluczowe: real-time QRT-PCR, TNFa, twardzina układowa, objaw Raynauda

INTRODUCTION

Systemic sclerosis (SSc) is a systemic connective tissue disease, in which skin, organs and systems, such as digestive tract, lungs, kidneys and heart are undergoing progressive fibrosis. Etiopathogenesis of this disease is still mostly unknown. Usually, first clinical symptom is Raynaud's phenomenon (RP) - sudden discoloration with subsequent edema of hands - resulting from general vasculopathy of small vessels within the skin and internal organs (1). Destruction and activation of endothelium and fibrosis process are related, among others, with expression of many cytokines. Tumour necrosis factor α (TNF α) belongs to the most important mediators and it stimulates synthesis of many pro-inflammatory cytokines (IL-1, IL-8, IL-6, GMCSF), stimulates proliferation of fibroblasts, decreases matrix metalloproteinase activity, induces expression of ICAM-1, VCAM-1 and E-selectin on endothelial cells, it influences release of: von Willebrand's factor (vWF), vasoconstriction factors - endotheline-1 (ET-1), many cyclooxygenase products (COX), such as thromboksan A2 (1-4). It also influences expression of endothelial nitric oxide synthetase by shortening its half-life time in endothelial cells and increases both proliferation and apoptosis (by activating caspase-3) in vascular smooth muscle cells, therefore regulating the number of these cells (5. 6). However, the role of TNF α for fibrosis in SSc is controversial. Actually there is good evidence that TNFa has anti-fibrotic effects at least in vitro (7). Moreover, TNF α is rarely detected in sera of the patients with SSc, and its concentration weakly correlates with the clinical status (8-10). This is explained by a short half-life time of this cytokine and the presence of circulating inhibitors, mostly soluble TNF α receptors (10). Soluble TNF α RI and sTNFaRII receptors are present in the circulation of healthy persons in little amounts, but upon activation of the immune system their concentration may significantly increase exceeding by 100 folds concentration of this cytokine (10). We have reported increased TNFaRI levels in sera of patients with SSc and some of the patients with RP evolving to SSc (11). TNF α protein has not been detected in the examined SSc sera in our studies (8).

Therefore, the aim of this work was to asses the changes in the number of copies of mRNA for TNF α and its receptors in leukocytes from the patients with active ISSc and isolated RP.

AIM OF THE STUDY

The study group consisted of 19 patients (18 women and 1 man) with active ISSc and 11 women with isolated RP. The diagnoses of active ISSc and early SSc were based on clinical, laboratory, capillaroscopic and autoantibody findings. Internal organ involvement, namely lung, kidney, heart, gastroitestinal tract or muscle, was also documented by routine investigation in all patients. Antibodies were marked with the indirect immunofluorescence (IIF) method on Hep-2 cells and double immunodiffusion. SSc pattern on NCM was defined as definitely enlarged capillaries and/or capillary loss of grades and/or capillary telangiectases (12).

Active ISSc was diagnosed based on the American College of Rheumatology (13) criteria and activity index in SSc according to European Scleroderma Study Group (14). Skin changes in these patients corresponded with limited SSc – appeared on the skin of the face, upper limbs up to 1/3 of the forearm. Patients with isolated RP had any of the SSc-specific autoantibodies (anti-Scl 70, anti- centromere, anti-RNA polymerase III) and/or an SSc pattern on NCM. RP was defined as a history of at least 2 of 3 phases of color change (white, blue, red), usually induced by cold exposure, and involving at least 1 finger of each hand (14). These patients did not display clinical manifestations of SSc or another CTD, such as sclerodactyly, digital ulcers, or pitting scars, loss of distal finger pad, clinically visible capillary telangiectases, or calcinosis (15).

Presents a clinical characteristic of patients with isolated RP and active ISSc (tab. 1). Patients qualified for the research were not treated earlier with immunosuppressive agents and (or) steroids. Control samples were obtained from 8 healthy women aged 47.6 \pm 8.3 years. The Medical University of Silesia Local Research Ethics Committee approved the study and all subjects provided informed consent to participate.

Table 1. Clinical characteristics of patients with isolated RP and patients with ISSc.

	Isolated RP n = 11	ISSc n = 19
Age (years)	44.6 ± 14.1*	49.5 ± 10.8*
Duration of RP	7.1 ± 5.9*	10.7 ± 5.9*
Duration of sclerodactyly	-	3.2 ± 1.9*
SSc pattern on NCM	7	19
Immunologic markers Anti-Scl 70 Anti- RNA polymerase III Anti-centromere Antibody with homogenous pattern of immunofluorescence	3 4 	12 1 2 3
Visceral involvement Oesophagus Lungs Heart Kidney Muscle	- - - -	15 8 4 -

*Average ± standard deviation

MATERIAL AND METHODS

Extraction of total RNA. Total RNA was extracted from the 500 μ l whole blood samples with the use of acid guanidinium-thiocyanate phenol-chloroform method /20/. Extracts of total RNA were purified with the use of RNeasy Mini Kit (Qiagen Gmbh, Germany), according to the manufacturer's instructions. The quality of RNA extracts was estimated electrophoretically using 1% agarose gel stained with ethidium bromide. The results were analyzed and recorded with the gel documentation system 1D Bas-Sys (Biotech-Fisher, Perth, Australia). The total RNA concentration was determined by spectrophotometric measurement at 260 nm using a Gene Quant II RNA/DNA Calculator (Pharmacia LKB Biochrom Ltd., Cambridge, UK).

mRNA quantification by Quantitative Real-Time **Reverse Transcription Polymerase Chain Reaction.** The quantitative analysis was carried out with the use of Sequence Detector ABI PRISM[™] 7000 (Applied Biosystems, California, USA). The quantity of PCR products was determined after each round of amplification, using fluorescent dye SYBR Green I (Qiagen Gmbh, Germany) that binds double-stranded DNA. The standard curve was appointed for standards of β-actin cDNA (TaqMan® DNA Template Reagents Kit, Applied Biosystems, California, USA). For this assay positive (β-actin mRNA) and negative (no template) controls were carried out. The nucleotide sequences of the PCR primers used to assay TNF, TNFR1, TNFR2 and β -actin (endogenous control) gene expression, chemical and thermal conditions of amplification were as previously (16, 17).

Sequence specificity of amplimers. Sequence specificity of amplimers was proved by analysis with ABI PRISM[™] 377 DNA Sequencer (Applied Biosystems, California, USA). Melting temperatures of amplimers were assessed by SYBR Green I Dissociation assay (Dissociation Curve Software – Applied Biosystems, California, USA). The PCR products and molecular weight marker pBR 322/Hae III (Fermentas International Inc., Ontario, Canada) were separated on 8% polyacrylamide gel and visualized using silver staining. The length of amplified fragments was assessed by analysis with GelScan v.1.45 software (Kucharczyk TE, Poland).

Statistical analysis. All calculations were performed with Statistica Version 8.0 software (StatSoft, Tulsa, Oklahoma, USA). The values were expressed as median and range. Quantitative data were compared by a nonparametric Mann-Whitney U test. Correlations were evaluated using the Spearman rank correlation coefficient test. P < 0.05 was considered significant. The expression of the TNF α , TNF α RI, TNF α RII, and β -actin genes was expressed as a ratio of the mRNA copy number to the 1 μ g of total RNA in samples studied.

RESULTS

β-actin mRNA. In all analyzed samples mRNA of β-actin gene was demonstrated, thus indicating the integrity of the RNA extracts.

TNFa mRNA. The highest number of TNFa mRNA copies/1 μ g total RNA was found in the control group (Me = 6143.8). Lower number of TNFa mRNA copies/1 μ g total RNA was found in isolated RP patients (Me = 3177.0) and the lowest in active ISSc patients (Me = 2611.0) (fig. 1a). Transcriptional activity of TNFa gene in the group of patients with active ISSc was significantly lower than in the control group (p = 0.0295). No statistically significant difference in transcriptional activity of TNFa gene between active ISSc and isolated RP patients as well as isolated RP and the control group was found.

TNF α **RI mRNA.** Like in case of TNF α no statistically significant difference in transcriptional activity of TNF α RI gene between active ISSc (Me = 11159.9) and isolated RP patients (Me = 4801.9) was found. Comparing to controls (Me = 18283.1) the expression of TNF α RI was significantly lower both in active ISSc patients and in isolated RP patients (p=0.0294; p = 0.0064, respectively) (fig. 1b).

TNF\alphaRII mRNA. Transcriptional activity of TNF α RII gene both in active ISSc (Me = 16.7) and early SSc patients (Me = 10.8) was significantly lower opposed to the control group (Me=117.3) (p = 0.0006 and p = 0.0105, respectively) (fig. 1c). Like in case of TNF α and TNF α RI no statistically significant difference in transcriptional activity of TNF α RII gene between active ISSc and isolated RP patients was found.

The TNF α and TNF α receptors ratios. The TNF α //TNF α RI ratio did not differ significantly between analyzed groups. The TNF α /TNF α RII ratio both in active ISSc (Me = 151.6) and isolated RP patients (Me = 300.9) was significantly higher opposed to the control group (Me = 26.1) (p = 0.0257 and p = 0.0258, respectively) (fig. 2a). No statistically significant difference in TNF α /TNF α RII ratio between active ISSc and isolated RP was found. The TNF α RI/TNF α RII mRNA ratio was significantly higher in patients with active ISSc (Me = 449.5) than in the control group (Me = 105.1) (p = 0.0337) (fig. 2b). In the group of isolated RP patients the TNF α RI/TNF α RII mRNA ratio (Me = 250.1) did not differ significantly both from active ISSc patients and controls.

Correlations. In the group of patients with active ISSc only a slight trend toward correlation between TNF α RI and TNF α RII mRNA was found (p = 0.0765, R = -0.4159). This trend was negative, what means that the number of TNF α RI mRNA copies was increasing while the number of TNF α RII mRNA copies was decreasing. No correlation in transcriptional activity between analyzed genes both in isolated RP patients and in the control group was found.

DISCUSSION

 $TNF\alpha$ – a protein of molecular weight of 17-kDa is a multi-functional cytokine, involved in pathogenesis of multiply inflammatory and autoimmunological diseases. Monocytes, activated T cells and NK cells may comprise a source of $TNF\alpha$ in blood (18). This factor may



Fig. 1. Comparison of mRNA copy number of TNF (a), TNFRI (b) and TNFRII (c) genes in studied groups. SSc – systemic sclerosis; RP – isolated Raynaud phenomenon; C – control group.

play a significant role at the early stage of SSc development, i.e. in vascular changes. The increased TNF α expression was found in the tissues of the patients with Raynaud's phenomenon and incorrect capillaroscopic image, subsequently followed by SSc development



Fig. 2. Comparison of TNF/TNFRII ratio (a) and TNFRI/TNFRII ratio (b) in studied groups. SSc – systemic sclerosis; RP – isolated Raynaud phenomenon; C – control group.

(19). Therefore, this study included also patients with isolated Raynaud's phenomenon, in which capillaroscopy or the presence of immunological markers indicated a risk of SSc development. Due to the influence of circulating inhibitors, mainly sTNF α RI and sTNF α RII, upon the concentration of $TNF\alpha$ in serum, the study of gene transcription (the earlier stage of gene expression) was undertaken. Moreover, the results obtained at transcriptional level may differ from those obtained at protein level. The TNF α protein may be membraneassociated, thus protein detected in serum is only a part of TNFa pool in blood. Other molecular mechanisms such as storage of unprocessed of TNF α premRNAs in immune cells can not be ruled out (20). The number of mRNA copies of the genes encoding TNF α and its receptors was measured using Quantitative Real-Time Reverse Transcription Polymerase Chain Reaction (real-time QRT-PCR) (21) the method, which has been used for several years in many medicinal fields. In comparison to the healthy persons, the

patients with SSc showed significantly lower number of TNFa mRNA copies. Our results are in contrast with previous reports. Young et al. (22) observed elevated transcriptional activity of the gene encoding TNF α in leucocytes from patients with SSc. The authors used the same method of mRNA detection as we did. However they did not provide useful data to compare results with phenotypic data (limited or diffuse SSc, early or late disease, internal organs affected, etc.), thus we can not explain difference in our results. Scala et al. (23) found elevated serum level of TNF protein in SSc patients comparing to controls. But, in our and other studies the concentration of TNFα in SSc sera was low or under limit of detection (8-10). As the research of Askew et al (24) performed in mice with systemic sclerosis-like changes in graft versus host disease GVHD - an experimental model of SSc - showed a lack of TNFa production in the early phase of the disease, our study seems to confirm that similar disturbances may take place in the blood of both active ISSc patients and patients with isolated RP evolving to SSc. The decrease in TNF α concentration in circulation and in tissues may play a crucial role in fibrosis process since this is a main cytokine with an anti-fibrotic activity. The SSc patients treated with pamidronate (aminobisphosphonate) showed an increase in TNF α production by PBMCs, which can explain the advantageous therapeutic effect (25). Mice that overexpressed TNF α were protected against both bleomycin and TGF- β -induced pulmonary fibrosis (26). Authors hypothesized that chronic overexpression of TNF α by itself did not produce pulmonary fibrosis but might make lungs more susceptible to fibrotic agents. This may be caused by prolonged immunological reaction observed in chronic inflammation. Pantelidis et al. (27) showed that TNF α is produced at sites of disease in the lung by specific subsets of mononuclear phagocytes. TNF α inhibits TGF- β 1-induced collagen synthesis in fibroblasts by inhibiting COLIA2 gene expression (7). Chizzolini at al (18) showed that inhibition of collagen production by dermal fibroblasts is contact-dependent. Th2 cells infiltrating skin lesions in early SSc have capacity to affect both type I collagen and matrix metalloproteinase 1 production by dermal fibroblasts via membrane-bound TNF α . The authors also showed inhibitory effect of soluble TNF α RI on membrane-bound TNF α anti-fibrotic activity. This results provide a new insight into the role of soluble TNF α receptors in the regulation of TNF α anti-fibrotic activity, particularly it's membranebound form. It has been showed that sTNF α Rs can stabilize a trimeric structure of TNF α , therefore prolonging its activity by a slow release of physiological concentra-

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tions (28). sTNF α Rs may play a dual role – they protect from negative effects of the increased TNF α concentrations, but they also play a role as a reservoir for a biologically active factor in the case of its down-regulation. Therefore the function of sTNF α RI in the regulation of membrane-anchored TNF α activity seems to be a key in the regulation of fibrotic process in early SSc. In the study of Gruschwitz et al (29) expression of TNFaRI and TNFaRII on PBMC from SSc patients did not differ from controls. The sTNF_aRI and sTNF_aRII concentrations in sera of SSc patients correlated with their in situ expression in tissues. But, in our previous studies patients with SSc and some of the patients with the isolated Raynaud's phenomenon evolving to SSc. showed an increased sTNFaRI levels in sera (11). In presented study significantly lower number of mRNAs for TNF RI and TNF_aRII receptors was found both in SSc and early SSc patients when comparing to the control group. Like in case of TNF α no significant difference in transcriptional activity of TNF aRI and TNF aRI genes between active ISSc and early SSc patients was found. The TNF α RI/ /TNFaRII mRNA ratio was significantly higher in patients with active ISSc than in the control group. The TNF α / /TNFaRII ratio both in active ISSc and early SSc patients was significantly higher opposed to the control group.

Like in case of TNFa, TNFaRI and TNFaRII genes expression regulation is complicated and includes regulation both at protein and transcription level. TNF α by itself plays crucial role in the regulation of the number of TNF α receptors molecules on cell surface. Maybe increase of sTNFaRI release to circulation is caused by membrane-anchored TNF α since this form induce proteolytic cleavage of TNFa receptors preventing cells from TNF α activity (30). The increased concentration of sTNFaRI observed in autoimmunological diseases probably reflects an attempt of the host organism to limit the excessive pro-inflammatory and anti-fibrotic TNF α activity (26). Therefore, increase of TNF RI/TNF RII ratio in SSc patients seems to indicate that TNF α RI may be responsible for fibrotic changes, while TNFaRII may be involved in signalization leading to adverse result.

In conclusion, our studies showed that dysregulation of the genes encoding TNF α and its receptors takes a place in active ISSc patients as well as in patients with isolated RP, preceding skin and organ manifestation. The results suggest that proportion of TNF α , TNF α RI and TNF α RII molecules might be very important in inducing and/or prolonging molecular mechanism leading to disturbances observed in SSc. However, the molecular background of the observed changes in genes' expression requires further studies.

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