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New concepts of the pro-atherogenetic mechanism of vascular oxidative stress. Protective and harmful roles of NADPH oxidase**

Nowa koncepcja promiażdżycowego mechanizmu naczyniowego stresu oksydacyjnego. Protekcyjna i szkodliwa rola oksydazy NADPH

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Key words

NADPH oxidative, Nox4, ROS, vascular oxidative stress, CVD

Słowa kluczowe

oksydaza NADPH, Nox4, ROS, naczyniowy stres oksydacyjny, CVD

Conflict of interest Konflikt interesów None

None Brak konfliktu interesów

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Summary

Atherosclerosis and other forms of cardiovascular disease (CVD) remain the leading cause of morbidity and mortality in contemporary societies. Vascular oxidative stress, defined as increased vascular production of reactive oxygen species leading to endothelial dysfunction and cellular damage arising from disturbed ROS-mediated redox-signalling reactions, are likely common underlying mechanisms of CVD. Nevertheless, using antioxidants to prevent CVD has been demonstrated to be ineffective in clinical trials, which most probably reflects an incomplete understanding of the oxidative stress.

A major source of the vascular ROS and a mediator of CVD is the NADPH oxidase family of enzymes. Four NADPH homologues, Nox1, Nox2, Nox4, and Nox5, differing in various features and biological functions are expressed in the cardiovascular system. Until recently, the prevailing view was that the cardiovascular risk factors mediate the vascular oxidative stress, endothelial dysfunction, and progression of CVD by increasing vascular activity and/or expression of Nox1, Nox2, and Nox5. Paradoxically, the recent evidence suggests that Nox4-mediated cellular signalling plays a vasculo-protective and an antiatherogenic role, and that induction of Nox2 is associated with reduction of Nox4. Collectively, these data support the view that the mechanism of the vascular oxidative stress and endothelial dysfunction associating risk factors of CVD, in fact, encompasses two interrelated processes: the increase of the harmful Nox1/2/5 and the decrease of the protecting Nox4. This, in turn, implicates that treatment of CVD should include either selective inhibition of Nox1/2/5 or selective activation of Nox4.

Streszczenie

Choroba sercowo-naczyniowa (CVD) jest najczęstszą przyczyną zgonów w krajach cywilizacji zachodniej. Wspólnym elementem patomechanizmu różnych postaci CVD jest zwiększona naczyniowa produkcja reaktywnych form tlenu (ROS, ang. Reactive Oxygen Species) skutkująca naczyniowym stresem oksydacyjnym. Stan ten prowadzi do zakłócenia homeostazy redox na rzecz ROS, co skutkuje inaktywacją tlenku azotu (NO) i dysfunkcją śródbłonka. Do tej pory wykorzystanie antyoksydantów w leczeniu CVD okazało się być nieskuteczne, co wskazuje, że mechanizm stresu oksydacyjnego jest wciąż słabo poznany.

Głównym źródłem ROS w naczyniach jest enzym oksydaza NADPH (Nox), którego jedyną znaną funkcją jest produkcja ROS. Nox ma kilka izoform różniących się mechanizmem aktywacji, komórkową lokalizacją i rodzajem produkowanego ROS. W układzie krążenia u ludzi obecne są izoformy Nox1, Nox2, Nox4 i Nox5, a u myszy i szczurów – tylko Nox1, Nox2 i Nox4. Wykazano, że naczyniowemu stresowi oksydacyjnemu u ludzi i zwierząt towarzyszy zwykle wzrost aktywności enzymatycznej oraz ekspresji Nox1/2/5. Ostatnio wykazano, że farmakologiczna indukcja lub zwiększona ekspresja Nox4 ma protekcyjne działanie naczyniowe, a eliminacja genu Nox4 skutkuje niekorzystnymi efektami śródbłonkowymi. Wykazano również, że wzrost ekspresji Nox2 jest związany ze zmniejszeniem ekspresji Nox4. Dane te wskazują, że mechanizm naczyniowego stresu oksydacyjnego oraz zaburzenia czynności śródbłonka w rzeczywistości obejmuje dwa powiązane ze sobą procesy: zwiększone szkodliwe działanie Nox1/2/5 oraz zmniejszone protekcyjne działanie Nox4. Dowodzi to tego, że leczenie CVD powinno polegać albo na selektywnym hamowaniu Nox1/2/5, albo na selektywnej aktywacji Nox4.

^{**}This work was supported by grant No: 2015/17/N/NZ5/00328 (Preludium 9) from the National Science Centre, Poland.

CONTEMPORARY CONCEPT OF THE VASCULAR OXIDATIVE STRESS

Oxygen free radicals, such as superoxide anion (O_2) and hydrogen peroxide (H_2O_2) , and other reactive oxygen species (ROS) have long been recognised as essentially biologically noxious. Accordingly, oxidative stress has been traditionally defined as ROS-induced structural damage to proteins, phospholipids, nucleic acids and other vitally important cellular constituents (1, 2)

However, it has been recognised that ROS are signalling molecules, which via redox-mediated modification of specific cellular proteins, play important regulatory roles in physiological cellular processes. In this context, it has been demonstrated that ROS can activate or inactivate various members of cellular signalling pathways, including some phosphatases, kinases, and transcription factors. Consequently, the term "oxidative stress" has been recently redefined as cellular damage arising from disturbed ROS-mediated redox-signalling reactions (3). As discussed in detail below, the implications of this new concept are twofold. Firstly, while some ROS may be harmful, the others may be protective for the cells. Secondly, increased, as well as decreased production of some ROS may be harmful.

In the context of CVD, it is believed that cardiovascular risk factors (e.g. hypercholesterolemia, hypertension, diabetes, smoking, ageing, and others) acting through factors such as angiotensin II and endothelin-1, mediate the production of excess vascular O₂. Superoxide acting: (a) per se or as a by-product of its dismutation, H₂O₂; (b) via O₂⁻ induced inactivation of nitric oxide (NO, seen in clinical studies as endothelial dysfunction), and/or (c) via peroxynitrite (ONOO⁻, the reaction product of NO and O_{0}^{-1}) is thought to affect cellular signalling pathways, which ultimately mediate atherogenic vascular inflammation and remodelling (4, 5). Superoxide is a highly reactive, short--lived, and poor membrane-penetrating species predominantly active at a site of its generation. H₂O₂ has a longer half-life and is freely diffusible and, therefore, is more likely to exert more distant effects (3;6). Actually, in healthy vascular system, cellular signalling is dominated by endothelial NO that induces an anti-atherosclerotic phenotype of the endothelium and the vascular wall. CVD risk factors

are associated with ROS-mediated decreased NO bioavailability (seen as endothelial dysfunction) (oxidative stress) and adverse signalling by ONOO (nitrosative stress) (1,7). In accord with the above hypothesis: (i) vascular increase of redox-regulated Nuclear factor κB (NF- κB) (encoding numerous pro-inflammatory genes) and a parallel reduction of redox-regulated Nuclear factor (erythroid-derived 2)-like-2 factor (Nrf2) (encoding genes for antioxidant and anti-inflammatory enzymes), associate endothelial dysfunction and diseased vascular phenotype accompanying cardiovascular risk factors (8, 9) and (ii) markers of endothelial dysfunction correlate with classical cardiovascular risk factor profile and predict the occurrence of myocardial infarction and stroke in humans (10, 11). However, treatment with antioxidants to prevent CVD has been demonstrated to be effective only in small clinical studies and in experimental models of CVD (12, 13). However, the data from large clinical trials have shown antioxidants to be ineffective, which most probably reflect the incomplete understanding of the oxidative stress (14-16).

NADPH OXIDASES AND THE VASCULAR OXIDATIVE STRESS

The NADPH oxidase family of enzymes (Noxs) is the major source of the vascular ROS. Noxs produce ROS as their primary function, and therefore are thought to play essential roles in tightly regulated cellular redox-signalling pathways, including those underlying vascular inflammation and atherogenesis. The effects of the Nox undergo further reinforcement because Noxs-derived ROS activates ROS production by other cellular sources, including mitochondria, xanthine oxidase, and other sources, which are known to produce ROS only as a by-product of their normal functions. Collectively, Noxs appear to play a role of "the maestro" of vascular oxidative stress (17, 18).

Of the seven known Nox homologes, only four (Nox1, Nox2, Nox4 and Nox5) have been identified as important sources of ROS in the cardiovascular system. These four Noxes appear to differ in their mechanism of the activation, type of the ROS produced, cellular localisation, and the role they play in the cellular regulations and pathology (tab. 1).

Tab. 1. Characterisation of cell/tissue distribution, sub-cellular localisation and regulation of Nox isoforms in the cardiovascular disease (19), modified

Isoforms of Nox	Cell/tissue distribution	Subcellular localisation	Regulators
NOX1	Vessels, colon,prostate,uterus, muscle	Plasma membrane, Caveolae Endosomes Perinuclear	p22phox, NOX01,NOXA1, Rac1
NOX2	Phagocytes, kidney, vessels, heart	Plasma membrane Perinuclear Nuclear pore	p22phox, p47hox, p67phox, Rac1/2
NOX4	Kidney, vessels, bone	ER* Perinuclear Nucleus Mitochondria Focal adhesions Stress fibres Cytoplasm	p22phox
NOX5	Lymph nodes, testes, heart	Plasma membrane Intracellular	Calcium

*ER - endoplasmic reticulum

First, the activity and the expression of Nox1 and Nox5 are regulated by the number of agonists, including angiotensin II and endothelin-1. The activity of Nox5 is activated by intracellular calcium ions. Nox4 is unique among Noxs because it is constitutively active, i.e., its activity is regulated on the transcriptional level only (20-22).

Second, Nox1/2/5 generate O_2^- , which may affect signalling pathways either per se or via H_2O_2 , by decreasing bioavailability of vascular NO or by ONOO⁻. In contrast, Nox4 generates predominantly H_2O_2 , which is incapable of inactivating NO and producing ONOO⁻ and which exerts predominantly H_2O_2 -specific cellular signalling (23).

Third, Nox1/2/5 are plasmalemma bound enzymes releasing O_2^- intra- and extracellularly, while Nox4 is bound to the intracellular membranes (predominantly the membrane of nucleus and endoplasmic reticulum (fig. 1).

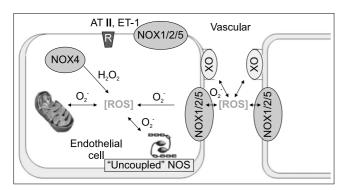


Fig. 1. Spatial organisation of vascular Nox enzymes

Nox1, Nox2, and Nox5 are localised in different cellular compartments such as within cells or at the plasma membrane. They release O_2 inside vesicles or extracellularly after activation of receptor (R) by ligand (L) and may cause their cytosolic effect after crossing membrane. Nox4 is always intracellular and constitutively produces a higher proportion of membrane-permeable H_2O_2 than other oxidases. Nox 1/2/5 derived ROS activates ROS production by other cellular sources, including mitochondria, xanthine oxidase, and other sources, which are known to produce ROS only as a by-product of their normal functions. Collectively, Noxs appear to play a role of "the maestro" of the vascular oxidative stress

XO – xanthine oxidase; ATII – Angiotensin; ET1 – Endothelin; ROS – reactive oxygen species; NOS- Nitric Oxide Synthase

Fourth, several arguments support the view that it is the increase of Nox1, Nox2, and perhaps of Nox5, which mediates the vascular oxidative stress, endothelial dysfunction, and progression of CVD (19, 24, 25). Thus: (a) vascular activity and/or expression of Nox1 and Nox2 is increased in animal models of the oxidative stress (Nox5 is not found in rodents) (24, 26, 27), and increased vascular expression of Nox1, Nox2, and Nox5 was noted in humans with coronary artery disease or diabetes (28, 29); (b) Nox1 and Nox2 knockout mice do not develop endothelial dysfunction in response to angiotensin II (30); (c) knockout studies in atherosclerosis-prone, ApoE deficient (ApoE-/-) mice, identified important roles of Nox1 and Nox2 in atherogenesis (31-33), and (d) human carriers of hereditary deficiency of Nox2 demonstrated reduced isoprostanes generation, greater flow-mediated vasorelaxation, increased NO availability, and reduced intima-media thickness, comparing to healthy subjects (34). In contrast, to harmful Nox1/2/5, Nox4 appears to be a protective enzyme (see below).

PURPORTED PROTECTIVE AND ANTI-OXIDATIVE ROLE OF NOX4

The knowledge of Nox4 is still in its infancy, however thanks to latest research there are the following significant arguments for the engagement of Nox4 in a protective function in cardiovascular research.

First, studies involving Nox4 gene manipulations (i.e., gene knockout vs. its forced overexpression) strongly implied a protecting, rather than deleterious, role of Nox4, and that the protection is mediated by H_2O_2 . H_2O_2 is continuously produced and this enables to maintain a basal level of antioxidant and protect cells against oxidative stress. A significant quantity of data showed that low concentrations of H_2O_2 have positive effects in the vascular system and signalling of H_2O_2 plays a key role in vascular function and homeostasis (35).

It has been reported in this context that Nox4: (a) is vasculoprotective (via increased angiogenesis, induction of endothelial NO synthase (eNOS), and increased vascular NO availability) (20, 36-38); (b) prevents load-induced myocardial injury (partially via increased angiogenesis) (39, 40); (c) mediates protection against atherosclerosis (21, 41, 42), and (d) either prevents (43) or increases (44) atherogenic changes in vascular smooth muscle cells (VSMCs) in Apoe-/- mice.

Moreover, the data showed that H_2O_2 derived from Nox4, activates and induce expression eNOS and also production of NO by several mechanisms such as: (a) activation of various signal transduction pathway such as PI3K/Akt (45, 46) and Erk 1/2 (46) (b) laminar shear stress, which promotes the formation of signalling level of H_2O_2 that in turn activate p38 MAPK (47) and SHP2 sulfenylation – FAK (Focal adhesion kinase) – mediated eNOS activation (48).

Secondly, in contrast to Nox1/2/5, only fragmentary and inconsistent data is available concerning Nox4 expression in CVD and its preclinical models. In humans, Nox4 was found to be upregulated in atherosclerotic coronary arteries (49) and downregulated in atherosclerotic plaques (21) and in myocardium of patients with aortic valve stenosis (50). In rats, Nox4 was upregulated in stenotic carotid arteries (51), but unchanged in aortas of diabetic animals (52). In ApoE^{-/-} mice, vascular Nox4 was upregulated at 10 week and downregulated at 20 week of streptozotocin-induced diabetes (21).

Thirdly, empirical evidence suggests that Nox1/2/5 and Nox4 are oppositely regulated by agonists and each other. Thus, angiotensin II simultaneously upregulated Nox1 and downregulated Nox4 in VSMCs (53), and Nox1 was upregulated in VSMCs of Nox4-deficient ApoE^{-/-} mice (43). In ApoE^{-/-} mice with Nox4 deleted or over expressed vascular Nox2 gene and protein levels inversely correlated with Nox4 levels (21). Conversely, in mice with elimination of Nox2, upregulation of Nox4 was noted (54). Moreover, Nox4 or Nox2 elimination upregulated the mRNA and protein expression of the other in human pulmonary artery endothelial cells (54). Collectively, the data imply the existence of the regulatory cross-talk between Nox1/2 and Nox4.

Fourthly, this cross-talk seems to involve the transcription factor Nrf2, which is known to undergo H_2O_2 mediated activation. In this context, Nox4 has been identified as an upstream activator of Nrf2 in transgenic mice models of inflammatory vascular injury and of load-induced myocardial injury (20, 40, 55). Alternatively, Nrf2 has been identified as an upstream activator of Nox4 expression and H_2O_2 production, and an inhibitor of Nox2 expression and O_2^- production in brain hippocampal tissue (56). Altogether, the data suggest an instrumental role of Nrf2 in the purported cross-talk between, at least, Nox2 and Nox4 (fig. 2).

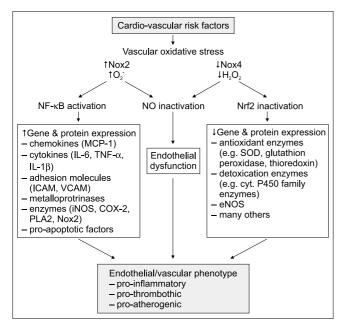


Fig. 2. The probable sequence through which cardiovascular risk factors lead to development pro-atherosclerotic endothelial phenotype.

The cardiovascular disease risk factors such as diabetes, hypertension, hyperlipidemia and others increase the activity and expression of NADPH oxidase isoforms Nox1/2/5 and decrease Nox4 in endothelial cells. This causes more production of reactive oxygen species (ROS) and causes activation of pro-atherosclerotic vascular phenotype due to decreased bioavailability of NO by maintaining the NFkB signalling pathway (4; 23). Moreover the data suggest an instrumental role of Nrf2 in the purported cross-talk between Nox2 and Nox4 (20; 36; 55; 56; 62; 63).

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NOX4 AS A POTENTIAL THERAPEUTIC TARGET IN CVD

Vascular oxidative stress has a critical role in the pathogenesis of cardio-vascular disease (CVD). The data cited above suggest that the mechanism of the vascular oxidative stress and endothelial dysfunction associating risk factors of CVD, in fact, encompasses two interrelated processes: the upregulation of the harmful Nox1/2/5 and the downregulation of the protecting Nox4.

This, in turn, implies that treatment of CVD should involve interventions intended either for selective inhibition of Nox1/2/5 or at selective activation of Nox4.

However, use of antioxidants to prevent CVD proved to be ineffective in clinical trials, which most probably confirms the incomplete understanding of the oxidative stress. The antioxidants tested in large clinical trials are known to scavenge both O_2^- and H_2O_2 , which partially explains their inability to prevent CVD. Moreover, the evidence indicates that ROS such as O_2^- and H_2O_2 may function as second messengers in physiological cellular signalling and various forms of ROS may have different signalling properties.

Subsequently, several inhibitors of Noxs have been developed and they are already tested in a number of preclinical studies. However, the problem is that usually these inhibitors are not sufficiently selective (they block all Noxs together). As discussed above, to be clinically efficient, the inhibitor should selectively block Nox1/2/5, and should not affect Nox4. An alternative therapeutic option would be a direct or an indirect (e.g., via the activation of Nrf2) activation of Nox4. Actually, flavonoids, which were shown to exert various favourable effects in CVD, were demonstrated to activate Nrf2 (57-61) (fig. 2).

Better understanding of Nox4 regulation and its involvement in signalling pathways gives hope to control the development of CVD. Therefore, all Nox4 inhibitors, which are currently being used for clinical trial, should be in control. Based on these recent studies a new paradigm is emerging that Nox4 may be vascular protective and that upregulation of this Nox isoform may have potential therapeutic benefit in preventing vascular disease.

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