

## Introduction

Dear Readers,

The beginning of 2018 has marked a major transition for “Progress in Medicine”, with the journal evolving from a monthly to a bimonthly, and changes on the Editorial Board. The previous Editor in Chief, Professor Ryszard Brzozowski, MD, PhD, has now become its Honorary Editor in Chief, and the Medical University of Bialystok has replaced the Medical Centre of Postgraduate Education in Warsaw as the journal’s contents partner. The new Editorial Board is highly motivated to work towards a better recognition and a higher score for “Progress in Medicine”. Hence our decision to now publish papers in English with abstracts in English and Polish. We have also decided to eliminate Polish diacritics in the names and surnames of our contributing authors, to improve their identification in global repositories, and increase citations. The journal’s profile remains unchanged. “Progress in Medicine” continues as an multidisciplinary bimonthly addressed to physicians and surgeons specializing in different fields. It is our hope that the published material will also be appreciated by other healthcare specialists keen to keep up with the ongoing advances in medicine. We will continue publishing original research papers, reviews, case reports, and material from relevant scientific events.

The current, opening issue of 2018 includes 9 papers, this time covering a range of various topics. The next edition will keep up our tradition of a single, shared area of interest, selected for each issue, and will be devoted to bariatric medicine. We hope to provide you with a breadth of material relevant to your interests and practice. Also, let me use this opportunity to invite any new Authors interested in publishing in our journal to submit their papers for review.

*Sincerely,  
Professor Jerzy Robert Ladny, MD, PhD  
Editor-in-Chief*